



iLASIK / INTRALASE Post-Operative Instructions

IMMEDIATELY AFTER SURGERY:

After surgery, you should go straight home and go to sleep. You will be given a sleeping pill take as soon as you get home. If you are unable to sleep, try to rest, keeping your eyes closed. If you are uncomfortable, you may take one (1) pain pill four (4) to six (6) hours after you get home. Also, please see drop instructions explained below.

NOTE: **After your surgery, you should NOT drive a car or operate machinery for the remainder of the day. You should not attempt stairs unaided immediately following surgery.**

EYE SHIELDS:

You will need to wear protective eye shield(s) whenever you sleep or nap for seven (7) days following your surgery.

EYE DROPS:

You will be given a bottle of **Pred Forte® 1%** anti-inflammatory (steroid) drops. Shake well before using. As soon as you get home after your surgery, you should carefully place one (1) drop in each operative eye(s). You should then take a nap. When you wake from your nap on the day of surgery, continue to place one (1) drop of the anti-inflammatory (steroid) every HOUR in the operative eye(s) until you go back to sleep. The days following your surgery, you should use one (1) drop, four (4) times a day in each operative eye(s), each day until Dr. Koenig instructs otherwise during your one-week post-operative appointment.

You will also be given two bottles of **Zymaxid™** antibiotic drops, which you will not begin using until your first day after surgery. You are to use these drops two (2) times a day for seven (7) days, in each operative eye(s), starting your first day after surgery. Expect the drops to sting when you use them.

Note: If you are using the **Pred Forte® 1%** and **Zymaxid™** drops at the same time, you need to wait five (5) minutes between drops.

You may use artificial tears lubricating drops to alleviate any dryness you may experience. These drops can be purchased over the counter. **Important: Artificial Tears Must be Preservative Free.**

GENERAL CLEANLINESS:

Do not get anything in your eye, such as make-up, soap, water, or any particulate matter, such as sand or facial scrubs. If you do, this will greatly increase the risk of infection. Avoid swimming pools, hot tubs and wearing eye make-up for two (2) weeks. **Do not rub your eye(s) for one (1) month.**

(continued on back)

FIRST DAY AFTER SURGERY:

Dr. Koenig will need to see you at The Eye Institute the day following your surgery.

SECOND DAY AFTER SURGERY:

There is little to no post-operative pain following the procedure. Some initial soreness may occur due to the suction ring, however this is usually gone by the following morning. If needed, you may take Tylenol for this discomfort. Your eye(s) may be somewhat light sensitive following surgery for the first week or two. Sunglasses may be used as needed.

FOLLOW-UP VISITS:

You will need to see Dr. Koenig one day, one week, and three months after your surgery. If you are experiencing any unusual problems, call Dr. Koenig's office **immediately** at 414-955-2020, and select option # 4 to speak with a nurse.

Please call to schedule follow-up appointments with Dr. Koenig:

- One day following surgery
- One week following surgery
- Three months following surgery

Location: The Eye Institute
925 N. 87th Street, 1st Floor
Milwaukee, WI 53226

Questions: Call Lisa at 414-955-5274 regarding any scheduling or billing questions. Medical questions should be referred to a nurse who can be reached at 414-955-2020, & select option # 4.

**WHO TO CALL
IN CASE OF AN EMERGENCY**

MONDAY – FRIDAY: 414-955-2020, & select option # 4 to reach a nurse
(8:00 AM - 4:30 PM)

AFTER HOURS: 414-805-6700