

INTRALASE[®]

Post-Operative Instructions

EYE DROPS:

You will be given a bottle of **Econopred[®] Plus 1%** anti-inflammatory (steroid) drops. As soon as you get home after your surgery, you should carefully place one (1) drop in each operative eye/eyes. You should then take a nap. When you wake from your nap on the day of surgery, continue to place one (1) drop of the anti-inflammatory (steroid) every HOUR in the operative eye/eyes until you go back to sleep. You should continue using one (1) drop, four (4) times a day in each operative eye/eyes, each day until Dr. Koenig instructs otherwise during your one-week post-operative appointment.

You will also be given a bottle of **Vigamox[™]** antibiotic drops, which you will not begin using until your first day after surgery. You are to use these drops four (4) times a day for seven (7) days, in each operative eye/eyes, starting your first day after surgery. Expect the drops to sting when you use them.

Note: If you are using the Vigamox[™] and Econopred[®] Plus 1% drops at the same time, you need to wait three (3) to five (5) minutes between drops.

You may use artificial tears lubricating drops to alleviate any dryness you may experience. These drops can be purchased over the counter. **Important: Artificial Tears Must be Preservative Free.**

IMMEDIATELY AFTER SURGERY:

After surgery, you should go straight home and go to sleep. Take one (1) Dalmane (sleeping pill) as soon as you get home. If you are unable to sleep, try to rest, keeping your operated eye(s) closed. If you are uncomfortable, you may take one (1) Percocet (pain pill); however, you must wait four (4) hours between pain pills. Also, please see drop instructions explained above.

NOTE: **You should NOT drive a car or operate machinery the day of surgery. You should not attempt stairs immediately following surgery.**

GENERAL CLEANLINESS:

Do not get anything in your eye, such as eye make-up, soap and water, or any particulate matter. If you do, this will greatly increase the risk of infection. Avoid swimming pools, hot tubs and wearing eye make-up for two (2) weeks. **Do not rub your eye(s) for one (1) month.**

EYE SHIELDS:

You will need to wear protective eye shield(s) over your operated eye(s) whenever you sleep or nap for five days unaided following your surgery.

FIRST DAY AFTER SURGERY:

You will be seen in Dr. Koenig's office at the Eye Institute the first day after surgery.

SECOND DAY AFTER SURGERY:

There is little to no post-operative pain following the procedure. Some initial soreness may occur due to the suction ring; however this is usually gone by the following morning. If needed, you may take Tylenol for this discomfort. Your eye(s) may be somewhat light sensitive following surgery for the first week or two. Sunglasses may be used as needed.

FOLLOW-UP VISITS:

You will be given a post-operative appointment for one day and one week after your surgery. Following that visit, Dr. Koenig will determine your visit schedule and advise you when to return. If you are experiencing any unusual problems, call Dr. Koenig's office **immediately** at 414-456-2020, and select Option 4 to speak with a nurse.

Please call to schedule follow-up appointments with Dr. Koenig:

- One day following surgery
- Five to ten days following surgery
- Three to four months following surgery

Location: The Eye Institute
925 N. 87th Street, 1st Floor
Milwaukee, WI 53226

Questions: Call Lisa at 414-456-5274 regarding any scheduling or billing questions. Medical questions should be referred to a nurse who can be reached at the number listed below.

**WHO TO CALL
IN CASE OF AN EMERGENCY**

MONDAY – FRIDAY: 414-456-2020, Option 4 to reach a nurse
(8:00 AM - 5:00 PM)

AFTER HOURS: 414-805-6717 This is the Froedert Emergency Room.
They will page the ophthalmologist on call.