

Photorefractive Keratectomy (PRK)

Post-Operative Instructions

IMMEDIATELY AFTER SURGERY

You should plan to go straight home and take a nap. You should take one Dalmane (sleeping pill) upon arrival at home. If you are unable to sleep, try to rest and keep your operated eye closed. If you are uncomfortable, take one Percocet pill, which can be repeated once every 4 hours. You should not drive a car, operate machinery, or attempt stairs immediately following surgery or for the rest of the day. Following your PRK procedure, you will be wearing a "bandage lens" on your operated eye to help with postoperative discomfort. This bandage lens will be removed by Dr. Koenig at your one-week post-op appointment. It is normal for your eye to be sore. **Do not rub your eye.**

GENERAL CLEANLINESS

Do not get anything in your eye during the first several days, especially particulate matter, such as mascara or facial scrubs. If you do, your eye will hurt and you would greatly increase the risk of infection. Keep all foreign matter out of your eye, including soap and water. Avoid swimming pools and hot tubs for 2 weeks. **Try not to rub your eye for the first month.**

FIRST DAY AFTER SURGERY

You will have an appointment with Dr. Koenig at the Eye Institute on the day following your surgery. It is normal for your eye to be sore and your vision hazy. Please do not touch your eye. If the bandage contact lens falls out, leave it out. Do not attempt to replace it yourself. Call Dr. Koenig's office at 414-456-2020 and select Option 4 to make arrangements for him to replace the bandage lens as soon as possible.

MEDICATIONS

- You will be given 1(one) Dalmane sleeping pill to take when you get home.
- You will be given 1 (one) Percocet pain pill to take before you leave the laser center and 7 pills to take home, taking one tablet every four hours as needed for discomfort.
- You will be given a tube of TobraDex. This is an antibiotic/anti-inflammatory ointment. You should begin using this medication one day after your surgery, and use four times a day until your bandage contact lens is removed, or until instructed by Dr. Koenig.
- **Artificial tears** may be used as needed, however they **must be preservative free**.
- After using the ointment, Dr. Koenig will prescribe a tapering dose of anti-inflammatory drops to be used over the next 2 – 3 months.

THE FOLLOWING DAYS

Expect your vision to be hazy for the first 1-2 months. You may notice some light sensitivity or glare. The immediate post-operative pain you felt will begin to subside. You may notice some temporary over-correction in your operative eye for a few weeks. This is normal.

FOLLOW-UP VISITS

Dr. Koenig will need to see you at the Eye Institute one day, one week and one month following your surgery. Additional appointments will be decided upon at that time. During the earlier visits, your medication regime may change somewhat. If you are experiencing any unusual problems, please call Dr. Koenig's office **immediately** at 414-456-2020, and select Option 4 to speak with a nurse.

SECOND EYE

If you have surgery on one eye at a time, you will need to make arrangements for a clear lens to be placed in your glasses, allowing you to function between procedures. As a reminder, you may not wear rigid or gas-permeable contact lenses for a minimum of three weeks prior to surgery, and you may not wear soft contact lenses for a minimum of two weeks prior to surgery.

Please call to schedule follow-up appointments with Dr. Koenig:

- One day following surgery
- Five to ten days following surgery
- One month following surgery
- Three to four months following surgery

Location: The Eye Institute
925 N. 87th Street
Milwaukee, WI 53226

Questions: Call Lisa at 414-456-5274 with any scheduling or billing questions. Medical questions should be referred to a nurse, who can be reached at the number listed below.

WHO TO CALL IN CASE OF AN EMERGENCY

MONDAY – FRIDAY: 414-456-2020, Option 4 to reach a nurse
(8:00 AM – 5:00 PM)

AFTER HOURS: 414-805-6717 This is the Froedert Emergency Room.
They will page the ophthalmologist on call.